

Giwiidabindimin Certificate Program

Responding to Trauma and Grief

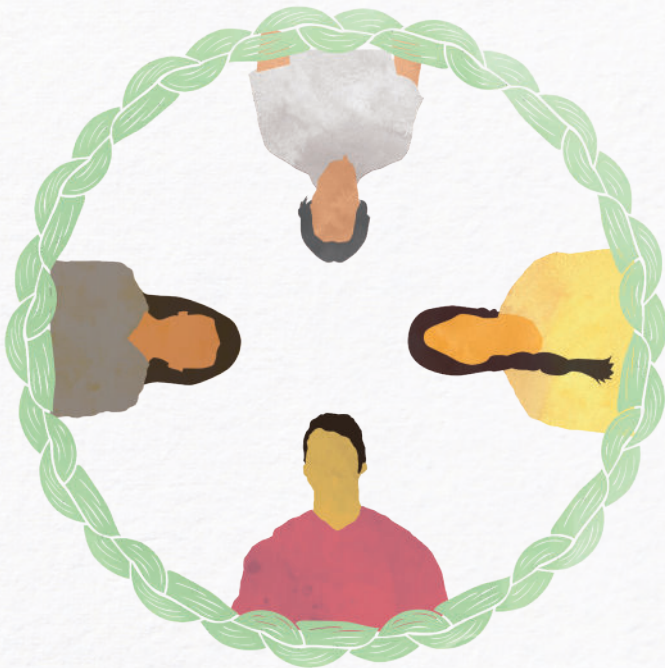
*Support Indigenous communities and organizations
through healing and knowledge.*



What is Giwiidabindimin?

Giwiidabindimin is Ojibwe for “We sit together.” When we sit together, we can better acknowledge our own grief and trauma, share our perspectives, and learn how to help others heal from similar experiences.

This five-day program is co-facilitated by one Indigenous trainer and one non-Indigenous trainer. Together they will combine Indigenous and Western knowledge to provide a comprehensive understanding of trauma and grief support. This is an opportunity to reflect on your personal journey while learning practical ways to support individuals, families, and communities through these experiences.



Program Benefits



Two-Eyed Seeing Perspective

Indigenous and Western knowledge are interwoven to provide multiple perspectives on providing support.



Reciprocal Learning

Gifted Indigenous and non-Indigenous co-facilitators work together to provide a relational, collaborative, and reciprocal learning environment that allows space for everyone to be learners and teachers.



Self-Reflection

This program is a chance to reflect on your own journey with grief and trauma and build a foundation of healing and understanding that you can bring back to your community or organization.

"Giwiidabindimin was an amazing experience. The facilitators possessed the right combination of experience, partnership, skill, and knowledge."

– Beverly C., Cardinal Sage Holistic Wellness Centre

“I’ve attended many trainings over my 35 years in practice, and I found Giwiidabindimin’s content and process among the best I have seen.”

– Darlene O., Gizhewaadiziwin Health Access Centre



About CTRI

We've helped over 275 Indigenous organizations and communities increase their capacity for supporting others. CTRI is committed to reconciliation and believes that everyone should be trauma-informed, which is why we've researched and developed over 60 workshops that explore trauma, mental health, counselling skills, and violence prevention.

ctrinstitute.com