

CERTIFICATE PROGRAM CHECKLIST

# Responding to Children and Youth Issues

Core Workshops	Completed Hours
Mental Health Concerns in Children and Youth	
Attachment	
Regulation Strategies for Children and Youth in Crisis	
Addictions and Youth	
Anxiety in Children and Youth	
Resilience in Children	
<b>Elective Workshops</b> <b>Suggested workshops:</b> Play Therapy, Gender and Sexual Diversity in Youth, Self-Injury Behaviour in Youth, Trauma-Informed Care	
<b>Total Hours</b>	<b>/60</b>

\*Please note that the elective workshops above are suggested workshops.  
You can use any of our on-demand, live virtual, and in-person workshops as your elective workshops.

For questions or concerns, please contact Kloe Mak: [kloe@ctrinstitute.com](mailto:kloe@ctrinstitute.com)  
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