

CONNECTING NEEDS TO RESOURCES

PURPOSE

To help children make connections between their emotional needs and the supports available to them. Some will identify family or adult supportive figures and others will identify other attachments such as friends, pets, siblings, or special belongings.

INSTRUCTIONS

Keep instructions simple and encourage the child to be creative in their responses. They may choose to use words, pictures, or symbols to depict these figures in their lives. Ask the child to describe their images to you after they complete the activity.

